



SEPTEMBER 2010

The Colonnade

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Matter of Balance Exercise (LV) 10:00 Walmart/ Trader Joes 11:25 EZ Movement and Stress Relief (LV)	2 8:30 Matter of Balance Exercise (LV) 10:00 DEPART: Safeway/ Walgreens 7:00 Mexican Train (Trevi Multi Purpose Room)	3 9:00 Aquacise (Pool) 10:00 Petsmart 4:00 Happy Hour! (La Vita Auditorium) 4:30 Dbacks Baseball	4 8:30 Prescott Art Festival & Buckys Casino 
5 10:30 Sunday Brunch (MDR) 3:00 Movie: Clear and Present Danger (LV)	6 	7 9:30 Calling All Crafters! (DAC) 10:00 DEPART: Albertsons 1:30 Mah Jongg (Trevi Multi Purpose Room)	8 9:00 Matter of Balance Exercise (LV) 11:25 EZ Movement and Stress Relief (LV)	9 8:30 Matter of Balance Exercise (LV) 10:00 DEPART: Safeway/ Walgreens 11:30 Lunch Out: Babbo Italian 7:00 Mexican Train (Trevi Multi Purpose Room) 	10 9:00 Aquacise (Pool) 10:00 Living with Parkinson's (LV) 4:00 Happy Hour! (La Vita Auditorium) 	11
12 10:30 Sunday Brunch (MDR) 3:00 Movie: The Rainmaker (LV) 	13 9:00 Aquacise (Pool) 9:00 Matter of Balance Exercise (LV) 10:00 DEPART: Frys 4:00 Buck Doff Storyteller (Trevi Multi-Purpose Room)	14 9:00 Omelets with Scott (MDR) 9:30 Calling All Crafters! (DAC) 10:00 DEPART: Albertsons 10:00 Craft: Notecards with Jeni (DAC) 1:30 Mah Jongg (Trevi Multi Purpose Room) 	15 9:00 Matter of Balance Exercise (LV) 10:00 Walmart/ Trader Joes 11:25 EZ Movement and Stress Relief (LV)	16 8:30 Matter of Balance Exercise (LV) 10:00 Arrowhead Mall 7:00 Mexican Train (Trevi Multi Purpose Room)	17 9:00 Aquacise (Pool) 4:00 Happy Hour! (La Vita Auditorium) 	18 9:00 Phoenix Art Museum - Cezanne 
19 10:30 Sunday Brunch (MDR) 12:00 Trip to Nowhere 3:00 Movie: Calendar Girls (LV) 	20 9:00 Aquacise (Pool) 9:00 Matter of Balance Exercise (LV) 10:00 DEPART: Frys	21 9:30 Calling All Crafters! (DAC) 10:00 Overuse Injuries in the Active Senior (LV) 10:00 DEPART: Albertsons 1:30 Mah Jongg (Trevi Multi Purpose Room) 	22 8:30 Dolly Steamboat 9:00 Matter of Balance Exercise (LV) 10:00 Walmart/ Trader Joes 11:25 EZ Movement and Stress Relief (LV) 	23 8:30 Matter of Balance Exercise (LV) 10:00 DEPART: Safeway/ Walgreens 7:00 Mexican Train (Trevi Multi Purpose Room)	24 9:00 Aquacise (Pool) 1:00 Depart: Kohl's 4:00 Happy Hour! (La Vita Auditorium)	25
26 10:30 Sunday Brunch (MDR) 3:00 Movie: Deep Sea IMAX (LV) 	27 9:00 Aquacise (Pool) 9:00 Matter of Balance Exercise (LV) 10:00 DEPART: Frys	28 9:30 Calling All Crafters! (DAC) 10:00 DEPART: Albertsons 1:30 Mah Jongg (Trevi Multi Purpose Room) 4:30 Dinner Out: Portofino Ristorante 	29 9:00 Matter of Balance Exercise (LV) 11:25 EZ Movement and Stress Relief (LV) 4:15 Drumming 	30 8:30 Matter of Balance Exercise (LV) 9:30 Pueblo Grande Museum 10:00 DEPART: Safeway/ Walgreens 7:00 Mexican Train (Trevi Multi Purpose Room) 	Special Events: Terry Wallace 236-3740	Christy Meade 236-3741

Room Key

(ACR) = Avanti Conference Room  
(SEO) = Special Events Office

(BR) = Billards Room  
(TL) = Terra Lounge

(DAC) = DaVinci Room  
(TMPR) = Trevi MPR

(LV) = La Vita  
(TCR) = Tuscan Conference Room

(MDR) = Milano Dining Room  
(WC) = Wellness Center

(PDR) = Private Dining Room

(RV) = Recreation Village

